Bring the recovery community to life at IUPUI!

Build Your Social Network

We take leisure seriously!
A social network that is supportive of recovery is a great asset to help you choose and maintain a healthy lifestyle.

Through a variety of social events, meetups, activities, and off-campus outings – we bring the recovery community to life at IUPUI!

Recovery Advocacy
Change is coming! While not everyone in recovery considers themselves a participant in the recovery advocacy movement – one benefit of publically promoting the recovery community is reducing the negative stigma associated with addiction treatment and recovery.

If you consider yourself an activist or an ally in this movement, feel free to join our growing community!

Get Connected

Student Organization
Students in Recovery of Indianapolis (SIRI) is a registered student organization at IUPUI. Their mission is to provide a support network of students that live in recovery from addiction.

Addiction Recovery Support Meetings
Every Thursday: 4-5pm in CE 270
Weekly recovery support group meetings at IUPUI are now available! These meetings are not affiliated with any 12-step, clinical, or religious program. These meetings are for people in recovery from addiction - This encompasses all forms of recovery, and all are welcome. We respect confidentiality!

Contact Information
317-274-4745
recovery@iupui.edu
go.iu.edu/RecoveryIUPUI
facebook.com/RecoveryIUPUI

STUDENTS IN RECOVERY
Spring 2016
Addiction Recovery Support Meetings
Thursdays, 4-5pm, CE 270

STUDENTS IN RECOVERY
A collegiate recovery community at IUPUI

Health & Wellness
IUPUI Campus Center 270
420 University Blvd
Indianapolis, IN 46202
A collegiate recovery community at IUPUI

Services Available

• Guidance and mentoring from a trained Recovery Coach
• Student organization: Students in Recovery of Indianapolis
• Social outings and late-night alcohol alternative events
• Recovery advocacy and stigma reduction campaigns
• A network of on-campus support including Counseling and Psychological Services and Student Advocate

Students in Recovery, the collegiate recovery community at IUPUI, is presented by the Office of Health and Wellness Promotion with special support from Fairbanks Recovery Center.

What is a Recovery Coach?

A Recovery Coach is a person who helps remove personal and environmental obstacles to recovery, links the newly recovering person to the recovering community, and serves as a personal guide and mentor in the management of personal and family recovery. -William White

A Recovery Coach is a guide, a mentor, a motivator, a role model, a problem solver, and a means of support.

A Recovery Coach is NOT a counselor, a sponsor, a therapist, or a physician.

As an IUPUI student, former student, or prospective student - meeting with a recovery coach might help keep you on track with your recovery, give you ideas or motivation, or simply help connect you to our growing social community.

Recovery Coach Meeting Request

http://go.iu.edu/RecoveryIUPUI
MSonneborn@fairbankscd.org

Monthly Meetups

Every month, you’ll find fellowship in a productive but casual environment at Developmental Group Meetings.

These meetups feature a range of personal and professional skill-building topics. Sample topics include group yoga, resume writing workshops, adopt-a-plant, and personal finance tips!

Relax with free coffee or hot chocolate while working toward your life goals in a collaborative setting. It’s a great chance to check in with friends and staff members while exploring topics or learning new skills.

Full schedule will be posted online.

Calendar: Upcoming Topics/Activities

http://go.iu.edu/RecoveryIUPUI
@RecoveryIUPUI