



IUPUI
CAMPUS RECREATION

April 2017

SUN MON TUE WED THU FRI SAT



Check out our Group Fitness Classes on the Rec It Fitness App! Download Today Type: Rec it Fitness ITS FREE

The CROF at Lockefield Green



3 modified basketball courts
2 sand volleyball courts
Open daily 9:00 am to 10:30 pm

1
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm

Championships

Bankers Life Fieldhouse
April 13th

- ◆ Greek League
- ◆ CoEd League
- ◆ Recreational
- ◆ Octane League

2
Open Gym: IM Leagues
Kines Strength Lab: PE061
2:00p-10:00pm

3
Yoga: noon (CE 031)
Tabata Training: 4:30pm (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

4
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Pilates: 6pm (CE 031)
Turbo Kick: 6pm (PE155)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

5
Yoga: noon (CE 031)
Bosu Training: 4:30 (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

6
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

7
Yoga: noon (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

8
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm

9
Open Gym: IM Leagues
Kines Strength Lab: PE061
2:00p-10:00pm

10
Yoga: noon (CE 031)
Tabata Training: 4:30pm (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

11
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Pilates: 6pm (CE 031)
Turbo Kick: 6pm (PE155)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

12
Yoga: noon (CE 031)
Bosu Training: 4:30 (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

CHAMPIONSHIPS
13
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

14
Yoga: noon (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

15
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm



Indoor Cycling Class by

MATRIX

Campus Center, CE 240
5:00pm Tue, Wed, Thur.

Check it with RecIT

16
Open Gym: CLOSED
Kines Strength Lab: PE061
CLOSED

17
Yoga: noon (CE 031)
Tabata Training: 4:30pm (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

18
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Pilates: 6pm (CE 240)
Turbo Kick: 6pm (PE155)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

19
Yoga: noon (CE 031)
Bosu Training: 4:30 (CE 307)
Indoor Cycling: 5:00pm (CE 240)
Turbo Kick: 6pm (CE 307)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

20
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: IM Leagues

21
Yoga: noon (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

22
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm

23
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm

24
Yoga: noon (CE 031)
Tabata Training: 4:30pm (CE 031)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

25
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Pilates: 6pm (CE 240)
Turbo Kick: 6pm (PE155)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

26
Yoga: noon (CE 308)
Bosu Training: 4:30 (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

27
Zumba: noon (CE 031)
Indoor Cycling: 5:00pm (CE 240)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

28
Yoga: noon (CE 308)
Turbo Kick: 6pm (CE 031)
Kines Strength Lab: PE061
4:00p-11:00pm
Open Gym: 8pm—11pm

29
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm

30
Open Gym: 2:00p—10:00p
Kines Strength Lab: PE061
2:00p-10:00pm



IUPUI CAMPUS RECREATION
OUTDOOR FACILITY
DEDICATE. EDUCATE. CELEBRATE.

