



August 2017



Join us on the Rec It Fitness app for all current fitness information!

Indoor Cycling Class by



Campus Center, CE 240

Check it with RecIT



Sand Volleyball
Entry Deadline Sept 6

Flag Football League
Entry Deadline Sept 6

Soccer League
Entry Deadline Sept 6

Bubbleball
Entry Deadline Sept 6

Kickball
Entry Deadline Sept 13

Spike Ball
Entry Deadline Sept 13

Ultimate Frisbee
Entry Deadline Sept 20

SUN	MON	TUE	WED	THU	FRI	SAT	
		1	2	3	4	5	
	<p>Fall Rec Memberships:</p> <p>Students: \$15 thru 1/8/16</p> <p>Faculty/Staff: \$83 thru 1/8/16</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Turbo Kick:</u> 6pm (check RecIT app)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Turbo Kick:</u> 6pm (check RecIT app)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Yoga:</u> noon (check RecIT app)</p> <p><u>Swimming</u> 5:30am -4 pm</p>	<p>CLOSED</p>	
	6	7	8	9	10	11	
	<p>CLOSED</p>	<p><u>Yoga:</u> noon (check RecIT app)</p> <p><u>Turbo Kick:</u> 5pm (check RecIT app)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Turbo Kick:</u> 6pm (check RecIT app)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Turbo Kick:</u> 6pm (check RecIT app)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am -8pm</p> <p><u>Open Gym:</u> 8pm-10pm</p>	<p><u>Yoga:</u> noon (check RecIT app)</p> <p><u>Swimming</u> 5:30am -4 pm</p>	<p>CLOSED</p>
	13	14	15	16	17	18	
	<p>CLOSED</p>	<p><u>Swimming</u> 5:30-8pm</p> <p><u>Kines Strength Lab:</u> CLOSED</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Swimming</u> 5:30-8pm</p> <p><u>Kines Strength Lab:</u> CLOSED</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Swimming</u> 5:30-8pm</p> <p><u>Kines Strength Lab:</u> CLOSED</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Swimming</u> 5:30-8pm</p> <p><u>Kines Strength Lab:</u> CLOSED</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Swimming</u> 5:30-8pm</p> <p><u>Kines Strength Lab:</u> CLOSED</p> <p><u>Open Gym:</u> CLOSED</p>	<p>CLOSED</p>
	20	21	22	23	24	25	
	<p>CLOSED</p>	<p><u>Yoga:</u> noon (CE 031)</p> <p><u>Turbo Kick:</u> 5pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Zumba:</u> 6pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Turbo Kick:</u> 5pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Zumba:</u> 6pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Yoga:</u> noon (CE 305)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Kines Strength Lab:</u> PE061</p> <p>2:00p-10:00pm</p> <p><u>Open Gym:</u> CLOSED</p>
	27	28	29	30	31		
	<p><u>Kines Strength Lab:</u> PE061</p> <p>2:00p-10:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Yoga:</u> noon (CE 031)</p> <p><u>Turbo Kick:</u> 5pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> CLOSED</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Zumba:</u> 6pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> 8pm-11pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Turbo Kick:</u> 5pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> 8pm-11pm</p>	<p><u>Indoor Cycling:</u> 5:00pm (CE 240)</p> <p><u>Zumba:</u> 6pm (CE 240)</p> <p><u>Kines Strength Lab:</u> PE061</p> <p>4:00p-11:00pm</p> <p><u>Open Gym:</u> 8pm-11pm</p>		

SUBJECT TO CHANGE



IUPUI CAMPUS RECREATION
Division of Student Affairs