



IUPUI
CAMPUS RECREATION

June 2017

SUN MON TUE WED THU FRI SAT



Join us on the Rec It Fitness app for all current fitness information!

Summer Hours:

Main Gym:

Mon—Thur
8:00pm—10:00pm

Strength and Conditioning Lab:

Mon—Thur
4:00pm—10:00pm

Swimming:

Mon, Wed, Thur
5:30am—5:30pm

Friday
5:30am—4:00pm

*Check Website under

Summer Rec Memberships:

Students: \$15 thru 8/14

Faculty/Staff: \$61 thru 8/14

Indoor Cycling Class

by

MATRIX

Tue, Wed, Thur
Campus Center, CE 240
5:00pm

Check it with RecIT

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|--|--|--|--|--|--|--|--|---|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <p><u>Indoor Cycling</u>: 5:00pm (CE 240)</p> <p><u>Kines Strength Lab</u>: PE061 4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am –8pm</p> <p><u>Open Gym</u>: 8pm—10pm</p> | <p><u>Yoga</u>: noon (check RecIT app)</p> <p><u>Swimming</u> 5:30am –4 pm</p> | CLOSED | CLOSED | <p><u>Yoga</u>: noon (check RecIT app)</p> <p><u>Turbo Kick</u>: 5pm (check RecIT app)</p> <p><u>Kines Strength Lab</u>: PE061 4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am –8pm</p> <p><u>Open Gym</u>: 8pm—10pm</p> | <p><u>Indoor Cycling</u>: 5:00pm (CE 240)</p> <p><u>Turbo Kick</u>: 6pm (check RecIT app)</p> <p><u>Kines Strength Lab</u>: PE061 4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am –8pm</p> <p><u>Open Gym</u>: 8pm—10pm</p> | <p><u>Indoor Cycling</u>: 5:00pm (CE 240)</p> <p><u>Turbo Kick</u>: 6pm (check RecIT app)</p> <p><u>Kines Strength Lab</u>: PE061 4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am –8pm</p> <p><u>Open Gym</u>: 8pm—10pm</p> | <p><u>Indoor Cycling</u>: 5:00pm (CE 240)</p> <p><u>Kines Strength Lab</u>: PE061 4:00p-10:00pm</p> <p><u>Swimming</u> 5:30 am –8pm</p> <p><u>Open Gym</u>: 8pm—10pm</p> | <p><u>Yoga</u>: noon (check RecIT app)</p> <p><u>Swimming</u> 5:30am –4 pm</p> | CLOSED |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
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SUBJECT TO CHANGE