

SUMMER 2017 CAMPUS RECREATION

Schedule for informal and recreational use by all IUPUI students, faculty, and staff that have paid the recreation fee.

How to pay a recreation fee: <ul style="list-style-type: none"> Add to your Bursar account at the Campus Recreation Office anytime during the semester. All cash/credit card at the IU Natatorium Pro Shop (pool deck level, PE/NT building). 	Campus Recreation Office: (PE 043) Phone: 317-274-2824 <ul style="list-style-type: none"> Monday-Friday, 9:00 am - 5:00 pm 	Pro Shop hours are: <ul style="list-style-type: none"> Monday-Thursday, 5:30 am - 8:00 pm Friday, 5:30 am - 4:00 pm
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***You must carry your valid IUPUI I.D./Jag Tag in this facility always for entrance and access to all of the facilities.**

FITNESS CLASSES

Yoga	Monday	12:00 – 1:00 pm	All Summer
Turbo Kick	Monday	5:00 – 6:00 pm	All Summer
Indoor Cycling	Tuesday	5:00 – 6:00 pm	All Summer
Turbo Kick	Tuesday	6:00 – 7:00 pm	All Summer
Indoor Cycling	Wednesday	5:00 – 6:00 pm	All Summer
Turbo Kick	Wednesday	6:00 – 7:00 pm	All Summer
Indoor Cycling	Thursday	5:00 – 6:00 pm	All Summer
Yoga	Friday	12:00 – 1:00 pm	All Summer

* Please call 274-2824 for more information.

* **Noontime Summer Yoga** May 11th – August 19th

MAIN GYMNASIUM INFORMAL RECREATION (PE150)

Monday – Thursday 8:00 PM – 10:00 PM

DEPARTMENT OF KINESIOLOGY STRENGTH AND CONDITIONING LAB (PE 061)

Monday – Thursday 4:00 PM – 10:00 PM

Lifting platforms, power racks, plate loaded strength, selectorized strength, and body weight machines, resistance bands

Note: no cardiovascular equipment (no treadmills, no ellipticals)

IU NATATORIUM – RECREATIONAL LAP SWIMMING Pro Shop 274- 3518

Monday - Thursday <ul style="list-style-type: none"> 5:30 AM – 4:00 PM 	Friday <ul style="list-style-type: none"> 5:30 AM – 4:00 PM 	Saturday <ul style="list-style-type: none"> 11:00 AM – 2:00 PM
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Please go to the Natatorium Pro Shop, scan your JagTag in order to enter the Locker Rooms Monday - Friday. Closing schedule published monthly and is available at the Natatorium Pro Shop, online, or by calling the Pro Shop 274-3518.

OUTDOOR FACILITIES (TRACK, SOFTBALL AND INSTRUCTIONAL FIELDS)

The CROF at Lockefield:

Located north of University Tower & west of North Hall. This area is dedicated to provide recreation and green space for students living on campus and in other nearby apartment facilities. The CROF has three modified outdoor basketball courts, two sand volleyball courts and green space for leisure and recreation activities. **Open daily: 9:00am to 10:30pm. For more information about CROF, call 274-2824**

Softball Diamonds #3 & #4:

Located west of Michael Carroll Stadium are natural turf fields used for intramural programs and student organizational events. **Inquiry on renting, call 274-2824**

Michael Carroll Soccer Stadium:

Michael Carroll Stadium is an artificial turf field. **Inquiry about, call 274-8056**

RECREATION SEMESTER MEMBERSHIP FEE

(add to your Bursar account at the Campus Recreation Office or cash/credit card at the IU Natatorium Pro Shop)

IUPUI Student	\$15.00	Valid thru August 19 th
IUPUI Faculty/Staff	\$61.00	Valid thru August 19 th
IU Health Staff	\$63.00	Valid thru August 19 th

Open gym, all group fitness classes, swimming, the new Department of Kinesiology Strength and Conditioning Lab PE061 in the PETM facility are all included in membership at no additional cost.

The Department of Kinesiology, with its continued commitment on promoting a physically active lifestyle, is proud to announce it is making available their academic space known as the *Kinesiology Strength and Conditioning Lab* (PE 061) to Campus Recreation for their student-centered programming efforts.

PHYSICAL EDUCATION (PETM) LOCKER ROOMS - North Locker Rooms, MENS (PE 053) & WOMENS (PE 054)

\$19.00 Locker Fee Rental. Payment can be made at the IU Natatorium Pro Shop during the summer semester. Come to Campus Recreation Office (PE043) for locker assignment and combination. **Valid through August 19th.**

PRO SHOP ENTRANCE/EXIT:

Monday through Thursday	9:00 AM – 5:30 PM
Friday	9:00 AM – 4:00 PM

HALLWAY ENTRANCE/EXIT:

Monday through Thursday	5:30 AM – 9:00 AM & 5:30 PM – 9:00 PM
Friday	5:30 AM – 9:00 AM

For further information about the locker policy and individual responsibilities of the user, please pick up a LOCKER/TOWEL POLICY handout from (PE 043), Campus Recreation Office, or online. Personal locks may not be used. Lockers will be cleaned out at end of semester.

IMPORTANT DATES: LOOK FOR POSTED MONTHLY CALENDARS FOR UPCOMING EVENTS & CLOSINGS

<u>Summer Recreational Sports Schedule Begins:</u>	May 11 th
<u>Memorial Day</u>	CLOSED May 29 th
<u>July 4th</u>	CLOSED
<u>Last day Summer Recreational Sports</u>	August 19 th
<u>Fall 2017 Recreational Sports Schedule Begins:</u>	August 21 st

Get up-to-date lists of Campus Recreation fitness classes



Indoor Cycling Classes by

MATRIX



The above schedule is **SUBJECT TO CHANGE** according to changes in the physical education academic schedule, the general recreation schedule and the athletic schedule. Changes will be posted as much in advance as possible.