

## Table of Contents

Introduction	2
Mission	2
Vision	2
Office Hours & Contact Information	2
2012-2013 Staff	2
Assumption of Risk	3
Intramural Sports Council	3
Captains Responsibilities	3
Registering a Team	4
Leagues	4
Free Agents	4
Eligibility	4
Schedule/ Playoffs	4
Rescheduling	5
Forfeits & Defaults	5
Sportsmanship Rating	5
Ejections	6
Dress Code for Participation	7

## Introduction

Our goal is to give participants the opportunity to learn lifelong recreational skills, as well as provide an environment for social interaction amongst participants. We provide an environment for good sportsmanship and fair team play. We expect the teams and individuals to participate with an attitude to support good sportsmanship, and to follow the rules and procedures within this handbook. This handbook is here to help you, as a participant in Intramural Sports, better understand what is expected out of you and your fellow teammates while participating.

## Mission

The Office of Campus Recreation provides intramural, fitness, and recreational activities that facilitate healthy lifestyles for a diverse population of students, faculty, and staff at IUPUI.

## Vision

Campus Recreation will be recognized as a leader in urban recreation by providing innovative and comprehensive recreational fitness programs/services for all IUPUI students.

## Office Hours & Contact Information

Indiana University Purdue University Indianapolis  
901 W. New York St. PE 043  
Indianapolis, IN 46202-5193  
Phone: (317) 274-2824  
Fax: (317) 278-9949

<http://studentaffairs.iupui.edu/health-wellness/campus-rec/index.shtml>  
[recsuper@iupui.edu](mailto:recsuper@iupui.edu)

Hours: Monday — Friday, 8:30 am – 5:00 pm.



IUPUI Campus Recreation



@IUPUI\_CampusRec



IUPUI Campus Rec on IU Mobile

## Coordinator of Intramural Sports

(317) 278-9939

## Intramural Supervisors

Joy DeBaun	Nick Detering
Traci Laker	Jake Windsor
Tom Mills	Danielle Durochik
Taylor Gorrell	

## **Assumption of Risk**

While participating in any Intramural Sports please know that there is a potential risk of injury, some activities more than others may have a greater potential for injury. By participating you know what risk you may be at for injury, and you have adequate health insurance to cover any injury or else you agree to bear the costs of injury. We would also like to ensure that before participating you are in good health and have no medical or physical conditions that could interfere with your safety in the activity. At the beginning of each sport the participants will sign a waiver before being able to participate.

All Intramural Sports supervisors are certified in CPR and First Aid.

## **Intramural Sports Council**

The Intramural Sports Council serves as a liaison between Intramural Sports participants and Campus Recreation staff. The purpose is to help generate participant involvement and give input on how to better the sports. They help implement policies, procedures, and services provided. The council reviews and evaluated the rules and regulations for each sports and provides helpful recommendations. If you are interested in joining please contact the Intramural Coordinator.

## **Captains Responsibilities**

Each team must have a team captain. The captain is the key link between team members and the Intramural Sports staff and is expected to assume the following responsibilities:

1. Complete registration before the deadline specified
2. Come up with enough people to support a team and pay the team fee with registration
3. Watch the mandatory captain's video and complete the corresponding quiz
4. Inform all players to pay their recreation fee before the end of the second week of play
5. Inform all teammates of the game times and make sure they show up 10-15 minutes before the scheduled time.
6. If aware ahead of game time that the team will not be able to make it, make sure to call Intramural Office and inform them
7. Communicate rules, regulations, policies of the games and of Campus Recreation with all team members
8. Make sure all players have good sportsmanship and if a player is getting out of line be sure to calm them down.
9. Make sure all team members are eligible to participate
10. Make sure all team members are wearing matching and appropriate uniforms for the sport
11. Make sure all team members bring their JagTag to each game
12. Sign the scorecard at the end of the game
13. Work with the Intramural staff to ensure that the activities are a safe and fun experience for everyone.

## Registering a Team

To register a team they must have the designated captain fill out and turn in a registration form, which can be found on the Campus Recreation webpage. Make sure to turn in registration form before the sport deadline. Registration is based on a first come first serve basis, if you come and the slots are filled for the day that you select then you must chose a different day. The captain will fill out the form choosing what league and day they would like the play. They will also have to fill in all of the team member's names along with their ID number which begins in 2020000 which is found at the bottom of their JagTag **Photo**. The team must provide a team name on the registration form. Intramural Supervisors have the right to change any inappropriate or offensive names that use profanity or of sexually implicit nature. If a team needs more players they can pick up teams from the free agent list.

## Leagues

A- Competitive- advanced in skill

B- Recreational- fun and less competitive

Co-Ed- Team with both males and females

## Free Agents

Individuals who are looking for a team to play on can put their name down on the free agent list in the Campus Recreation office. If a team is looking for more players they can then chose people off of the free agent list to join their team. A free agent can also come to the games at the beginning of the league and ask teams if they could join their team.

## Eligibility

Every player must bring their JagTag. If they do not have their JagTag they get ONE (1) "I Forgot my JagTag" pass, but they still must have a picture ID to turn in with the rest of the teams' JagTags. Each player must have paid their recreation fee by the end of the second week of play. Team members may only play for one same gender team (*either recreational or intramural*) and are allowed to play on one Co-Ed team (*i.e.; one intramural team and one Co-Ed team*). Membership of a player on a varsity team during the season makes the player ineligible in the Intramural sport or like sport for the same season. For individuals to be eligible to play in playoffs they must have played in ONE (1) regular season game. If you are unsure of a player's eligibility, ask an Intramural supervisor.

## Schedule/Playoffs

Once the registration deadline is met the schedule for the season will be made and posted on the Campus Recreation website. When the regular season is completed the playoff bracket will be made based on each teams win/lose record and their sportsmanship rating throughout the season. Teams who have forfeited more than once will not be allowed to play in the playoffs.

## Rescheduling

If for some reason your team cannot make it to a game make sure to call or e-mail to inform the supervisor so they can inform the other team not to come. No regular season games will be rescheduled expect for weather related cancellations. Playoff games will only be rescheduled if the criteria is met (12 hours prior to beginning of intramural). If there is a weather related problem the Intramural supervisors will be e-mailing the team captains about the cancellation and they will also e-mail about rescheduling if there is a second game missed. Be sure to check e-mail often when the weather is bad or has the potential to get bad.

## Forfeits & Defaults

When a team does not show up for a game without notification is a forfeit and the team that forfeits must pay a fine to be able to continue playing in the league. They will receive a 2.0 on the sportsmanship rating for not showing. If a team does not have enough players the opposing captain has the option of taking a win by forfeit or waiting to see if the minimum numbers of players will show up within 10 minutes. If the captain decides to wait and play the outcome of the game is irreversible. If the captain knows ahead of time that his/her team will not able to make it to the game please call us at 317-274-2824 or e-mail us at [recsuper@iupui.edu](mailto:recsuper@iupui.edu). Defaults must notify up by 3 P.M. on the day of the game or by 3P.M. on Friday for a Sunday game. For defaulting the team will receive a 3.0 for their sportsmanship rating for that game. We encourage teams to let us know as soon as they can if they cannot make a game so it gives us time to notify the opposing team.

## Sportsmanship Rating

Having respect for the other team and the officials while playing is very important in having a game run smoothly. We have put together a sportsmanship rating system that is intended to assess a team's attitude and behavior throughout the league and playoffs. After each game the officials will rate each team based on the rating scale. Each captain has a right to know what the sportsmanship rating is for each game, and they can find this out after the game when they sign the scorecard. The rating scale is on a scale of 0-4, 4 being the best score possible and 0 being the worst. A team must maintain a 3.0 on the rating scale during the regular season to be eligible for playoffs. During playoffs they must maintain the same average, and if they are not being the average they may be removed from playoffs. Sportsmanship will be assessed before, during, and after each game. **A team who receives a 0-1 in the sportsmanship rating must have the captain contact the Intramural Coordinator and set up a meeting before the team is eligible to play again. It is the captain's responsibility to schedule an appointment.**

### 4 – Excellent Conduct

Participants and spectators show respect to the officials, game, and spectators. Participants cooperate fully with Campus Recreation staff at all times. The captain has full control of his/her team and himself/herself at all times. Participants address questions or concerns to the officials in a calm and respectful manner. Teams that win by “forfeit” or “default” will receive a “4.”

### **3 – Acceptable Conduct**

Participants and spectators question or comment on officials' judgment calls, rule interpretations, or decisions in a manner that is not respectful. A team receiving a technical foul in basketball, unsportsmanlike penalty in flag football, or a yellow card in soccer or volleyball will receive no higher than a "3" in sportsmanship. This may include minor incidents of unsportsmanlike conduct that may or may not warrant an unsportsmanlike penalty or warning. A team that defaults will automatically receive a "3."

### **2 – Sportsmanship Needs Improvement**

Participants or spectators are disrespectful to opposing team, officials, or Campus Recreation staff on multiple occasions which may or may not warrant an unsportsmanlike penalty. Participants engage in constant questioning/dissent of officials' calls/abilities. Team captain has little control over his/her teammates/spectators. Teams receiving multiple technical fouls, unsportsmanlike penalties, or yellow cards that are not on the same player will receive no higher than a "2."

### **1 – Unacceptable Sportsmanship**

Team constantly comments to the officials, Campus Recreation staff, or opposing team from the field or sidelines. Team captain has little or no control over his/her teammates/spectators and himself/herself. Teams that have a participant ejected from the contest will receive no higher than a "1."

### **0 – Sportsmanship Reflecting that Participation for Rest of Season is in Doubt**

Team is completely uncooperative and out of control before, during, or after the game. Team captain has no control over his/her players/spectators. This may include engaging in harmful behavior such as fighting, threatening another person, or any other physical abuse or intimidation. Teams receiving multiple ejections that result in the game being forfeited will receive no higher than a "0." Any team receiving a "0" in sportsmanship must meet with the Coordinator of Intramural Sports before their next game to determine if their team is able to continue playing. It is the team captain's responsibility to schedule this meeting.

## **Ejections**

Any player who is ejected from a game is ineligible to play Intramural Sports until they meet with the Intramural Coordinator. At that time the Coordinator will determine the outcome for the player. This meeting gives the participant the chance to state his/her view of the situation. It is the individual's responsibility to schedule a meeting promptly.

# Dress Code for Participation

## Facilities and Equipment: Campus Recreation Dress Code

Campus Recreation offers several fitness programs during the semester including: working out in Student Fitness Center (PE 014 and PE 015); taking any of our Dance Fitness Classes to participating in our intramural program; and using our drop-in recreation. With so many active participants looking for ways to get into shape using our programs, Campus Recreation is always looking to improve the quality of our membership's experience.

## Participant Dress Code

The Campus Recreation student staff will enforce our dress code for working out in our weight room and participate in our programs. We do not allow excessively cut shirts, exposed midriffs or chest and sports bras without shirts over them. Our policy requires that full length shirts must be worn in our program areas at all times. No bare midriffs or exposed torsos. Shirt arm holes must be less than 1.5 inches from the armpit and sports bras worn alone are not allowed. Tank tops are allowed, as long as they meet the length requirement. Medical Scrubs are prohibited. We ask anyone not following these policies to either put on a t-shirt or leave the Campus Recreation program area.

There are two reasons for this policy. One is to decrease the intimidating nature of the weight room or intramural activity and make it a more open and acceptable area for all of our participants. The second reason is to minimize skin to machine contact and reduce the spread of bacteria and other skin related diseases.

**White, Cut-off Shirt is Prohibited**



**Acceptable Workout Shirt**

