**IUPUI:**

Indiana University-Purdue University Indianapolis is an urban research university created in 1969 as a partnership between Indiana and Purdue Universities, with IU as the managing partner. IUPUI is a campus of Indiana University that grants degrees in over 200 programs from both Indiana University and Purdue University.

IUPUI is the home campus for state-wide programs in medicine, law, dentistry, nursing, allied health, and social work.

**By the Numbers**

- Over 30,000 students attend IUPUI. 23.9% of all students are minorities, and over 2,000 are international students.
- The 17 schools offer more than 220 academic programs - from undergraduate degrees, to doctoral and professional degrees.
- In 2015, IUPUI’s nursing program was ranked in the top 20 in *US News & World Report*.
- In 2013, IUPUI:
  - Was ranked as the #5 “Up-and-Coming” school and was recognized for its learning communities, service learning opportunities, and first-year programming by *U.S. News & World Report*;
  - Received the Higher Education Excellence in Diversity Award from *INSIGHT into Diversity* magazine;
  - Was ranked as “Best for Vets” by the *Military Times*.
- Student housing has the capacity for ~1,700 students in traditional residence halls and Campus Apartments on the River Walk. North Hall, which will house 700 additional students, will open in Fall 2016.

**Indianapolis:**

Indianapolis is the 14th largest city in the nation, with a population of 833,000. This Midwestern city has been nicknamed “Crossroads of America” due to having more interstate highways bisecting the city and state than any other, and its proximity to other major metropolitan areas.

Indianapolis has long been known for its auto racing, and the Indianapolis Motor Speedway currently hosts the Indianapolis 500, Brickyard 400, and US Grand Prix races. Nearby Indianapolis Raceway Park also sponsors a 6-month drag racing season.

Indianapolis is home to professional football, basketball, baseball, soccer, and ice hockey teams. It hosts professional golf and tennis tournaments. In 1999, the National Collegiate Athletic Association (NCAA) moved its national office to Indianapolis, furthering the city’s reputation as the “Amateur Sports Capital of the World.”

Indianapolis has developed six diverse cultural districts, each reflecting a unique part of the city’s history: **Broad Ripple Village** - art and music venues, **Fountain Square** – a historic neighborhood with retro influences, **The Canal and White River State Park** – a 250 acre park with museums and outdoor activities, **Mass Ave** –theatres and galleries, **Wholesale District** – a wide array of urban entertainment, and **Indiana Avenue** – historically a vibrant African-American community and home to the Madame Walker Theater. Additional attractions include the Indianapolis Museum of Art, Indiana State Museum, Children’s Museum, Eiteljorg Museum, and the Indianapolis Zoo.
IUPUI CAPS:

IUPUI Counseling and Psychological Services (CAPS) is a university counseling center providing psychological services to IUPUI students at minimal charge.

IUPUI is well-known for the diversity of its student body, and this diversity is also reflected in the students who utilize CAPS’ services. In fact, students seeking services at CAPS are even more diverse than the university population. This includes more commonly cited aspects of identity, as well as clinical concerns and individual circumstances.

CAPS provides group, individual, and relationship counseling. Psychoeducational testing services are available for assessment of AD/HD, learning disorders, and autism spectrum disorders. All counseling and assessment activities are performed on campus.

CAPS partners with many units across campus to support mental health and substance related prevention and education efforts. In addition, CAPS offers psychoeducational workshops on a variety of topics.

Our staff include eight licensed psychologists, one licensed mental health counselor, one licensed clinical social worker, a case manager (LCSW), two early career psychologists pursuing licensure, two post-doctoral fellows, and two doctoral interns in psychology. We employ two full-time front office staff who provide administrative support. In addition, CAPS typically trains 4-5 practicum students per semester.

CAPS’ Vision: To be valued and recognized by the campus community for promoting psychological health, well-being, and success for all students.

CAPS’ Mission: To provide direct professional psychological services, including crisis response, counseling, assessment, and referral, that are accessible to, and provide for, the general well-being of all IUPUI students. Services also include consultation to the campus community and training experiences for graduate student counselors.

In pursuing the Vision and Mission of the organization, IUPUI CAPS makes policies, decisions, and strategic plans according to the following Values:

**Integrity and Ethical Practice**
- Adherence to standards of confidentiality
- Genuine and competent service providers
- Conduct ourselves and implement our programs and services with the highest professional standards.

**Adherence to Best Practices**
- Recruitment and retention of qualified service providers
- Accountability to professional standards
- Continuing professional development
- Support for graduate student learning

**Social Justice and Inclusiveness**
- Celebrate individual and cultural differences
- Student advocacy
- Foster a community that promotes full and equal participation and respects the dignity of each individual

**Health and Wellness**
- Maintain a supportive environment for healthy living that encourages a balanced life.

**Cooperative Partnerships**
- Consultation and program development with educational partners

IUPUI CAPS is part of The Division of Student Affairs, a segment of the University that focuses on student services and co-curricular activities. Other units within the Division include: Campus Center, Campus Recreation, Educational Partnerships and Student Advocacy, Health and Wellness Promotion, Housing and Residential Life, Office of Student Involvement, Student Conduct, and Student Health Services. All departments within the Division report to Vice Chancellor Zebulon Davenport.
Training Opportunities:

The goal of internship is to provide a significant, clinical experience encompassing assessment and treatment in an adult outpatient environment that is congruent with the vision, mission, and values of CAPS. The internship program is designed as a full-time, 2,000 hour experience to be completed over a 12-month period.

Historically a commuter college campus with a large number of non-traditional students, the clinical experiences at IUPUI CAPS include opportunities to work with clients ranging in age from 18 to 50+ from a wide variety of racial and ethnic backgrounds, including international students. The most prevalent diagnoses of treatment are depression and anxiety. Opportunities to work with individuals presenting with learning and social concerns, PTSD, bipolar disorder, relationship concerns, and adjustment issues are also available.

Clinical experiences follow a developmental model, with increased complexity and responsibility as the internship year progresses. Direct clinical experiences include intake interviews, initially observed by supervisors, as well as individual, group, and couples psychotherapy. Interns also participate in outreach. These services comprise the bulk of an intern’s clinical experience, with at least 10 hours of face-to-face contact per week; however, interns can expect to spend 15-20 hours per week providing therapy services during peak times. As the year progresses, interns will expand their caseloads to include clinical presentations of increasing complexity and severity. On-call rotations, crisis intervention, and long-term counseling opportunities are provided. In addition, interns receive intensive training in psychoeducational testing for learning disorders, AD/HD, and autism spectrum disorders.

Interns are expected to complete at least five comprehensive evaluation reports during the year.

Individual clinical supervision is provided on-site. Interns receive at least two hours/week of supervision by licensed psychologists. Supervision assignments rotate halfway through the year to increase the breadth and depth of interns’ training experiences. Interns are formally evaluated and receive written feedback about their performance at the mid and end points of each semester. Informal verbal and written feedback is provided on an ongoing basis throughout the year.

The training curriculum also includes weekly, 90-minute group supervision. Group supervision includes practicum students, doctoral interns, post-doctoral fellows, and licensed senior staff. During these meetings, students present therapy cases to foster critical thinking in the following areas: diagnosis/assessment, case conceptualization, intervention, interpersonal process, ethics, and multiculturalism. Each week, an assigned presenter facilitates discussion using video segments and a written case report or oral case presentation. Communication skills are a valued component of group supervision.

Interns also participate in a two-hour, weekly Didactic Training series. The presentations cover a range of topics, including crisis intervention, diagnosis and treatment planning, multicultural competence, and working with special populations. In the Spring and Summer semesters, didactics on more advanced topics of interest (identified by current interns) are presented. Previous topics include Acceptance and Commitment Therapy (ACT), EMDR, Licensure and Beyond, and Sex Therapy.
Doctoral Internship Training
Requirements and Expectations:

- Demonstration of professional liability insurance coverage;
- Completion of 2,000 internship hours (including vacation, holiday, and professional development allotments);
- Compliance with guidelines outlined in the APA Ethical Principles of Psychologists and Code of Conduct, along with the laws and regulations of the State of Indiana;
- Provision of at least 10 hours per week (25% of weekly hours) of face-to-face, direct clinical service, including group psychotherapy;
- Completion of two intake appointments and four hours of primary on-call per week;
- Availability for three hours of evening work per week (Tues, Wed, or Thurs, 5-8 p.m.);
- Participation in a minimum of two hours of individual supervision per week;
- Participation in weekly group supervision (one and a half hours per week);
- Presentation of Case Reports during group supervision (~2-3 per semester, including Summer);
- Participation in didactic training (two hours per week);
- Submission of at least two videotaped counseling sessions per semester, including summer, for formal feedback;
- Participation in university-wide “screening days” and outreach presentations
- Provision of consultation services to other University departments and affiliated mental health providers; to
- Completion of an agency project focused on outreach or training activities;
- Completion of at least five evaluations and corresponding comprehensive testing reports based on clinical interviews and administration of various assessment instruments (e.g., ADHD, LD, ASD, cognitive functioning, or psychopathology).

Benefits:

- Annual stipend: $24,480
- Vacation and Sick Leave: 9 University holidays plus 15 additional days per year
- Health and Dental insurance; Retirement benefits
- Licensing Exam Release Time: None
- Professional Development Time: 5 days; no funding

Accreditation Status:

This internship is not currently accredited by any governing body. IUPUI CAPS is a member of APPIC and adheres to all APPIC standards and policies. CAPS is preparing to apply for APA accreditation but is not accredited at this time.

Doctoral internship experiences are designed to be completed in a 12-month period.

Funding is available with an annual stipend of $24,480. Any changes in funding status will be clarified in writing prior to initiation of the internship.

Doctoral interns are classified as paid academic appointees at IUPUI.
Application and Selection Procedure:

IUPUI CAPS is a member of APPIC and participates in the Internship Match process conducted by the National Matching Service, Inc. IUPUI CAPS adheres to all APPIC Match policies and applications must be completed utilizing the Online AAPI form.

IUPUI CAPS and the Division of Student Affairs are committed to diversity among our students, staff, and faculty. We value the associated educational benefits of a diverse community. IUPUI prohibits discrimination against anyone for reasons of race, color, religion, national origin, sex, sexual orientation, gender identity, marital status, age, disability, and covered veterans.

Deadline for applications: November 15, 2015.

For additional information regarding the training program, contact:

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