Establishing Services

1. Stop by our office, between 9:00 am and 4:00 pm Monday through Friday, to complete a brief series of online forms (~30 minutes, only accessible at CAPS’ Office) and pay a $15 initial fee for establishing services at CAPS.

2. Schedule an initial appointment with a CAPS’ counselor. Initial appointments are typically scheduled within a week of your initial request; however, during times of high demand, the wait may be longer.

3. Following the initial appointment you will be assigned a counselor who will contact you to set up your next appointment.

Did you Know?

Anonymous responses to the CAPS client satisfaction survey indicated:

- 89% found the visits useful
- 80% experienced improvement in their condition
- 49% indicated that CAPS’ services helped them to remain at IUPUI
- 54% believed CAPS’ services helped to improve their academic performance

(IUPUI CAPS Satisfaction Survey 2010-11)

Students utilizing CAPS’ services have consistently had higher graduation rates than their respective cohort.

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IUPUI Counseling and Psychological Services (CAPS)

Walker Plaza, Suite 210
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Indianapolis, Indiana 46202
(317) 274-2548
capsindy@iupui.edu
http://caps.iupui.edu/

Find us on Facebook by searching for "IUPUI CAPS."

Monday – Friday 9:00am – 4:00pm
Evenings by appointment only

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Learning Disorder (LD)

Counseling and Psychological Services

IUPUI - CAPS

Promoting psychological health, well-being, and success for all students.
WHAT IS A LEARNING DISORDER (LD)?

A learning disorder (LD) is present when an individual experiences significant difficulties in the development of a specific academic skill, despite having adequate intelligence and educational experiences. Such difficulties may be present in the areas of reading, writing, mathematics, reasoning, or communication. Hence, a specific LD may manifest itself in an imperfect ability to listen, think, speak, read, write, spell, or to do mathematical calculations.

The most common LDs are in the area of reading. The commonly used term “dyslexia” refers to a very specific type of reading disorder.

WHAT CAUSES LEARNING DISORDER?

The exact causes of learning disorders are unknown, but are thought to be many and varied. Some factors that may contribute to LD include: genetic predisposition, brain injury, sensory difficulties, birth trauma and childhood illness.

HOW IS LD DIAGNOSED OR DETERMINED?

Diagnosis of LD is determined by a licensed psychologist based on the results of a clinical interview and psycho-educational testing. Testing consists of an individually administered standardized intelligence (IQ) test and an achievement test in the academic area of concern. The diagnosis of LD is made if scores on the achievement test are significantly lower than scores on the IQ test.

CAPS provides a free initial clinical interview to determine if a student’s academic concerns and academic history are consistent with a LD. If there is sufficient evidence of LD, psycho-educational testing may be scheduled on a fee for service basis. The cost of LD testing at CAPS ranges between $250 - 500. Although this fee may sound expensive, the same battery of tests administered by a private psychologist would likely cost more than $1000.

WHAT HELP IS AVAILABLE AT IUPUI FOR A STUDENT WITH A LEARNING DISORDER?

In 1973 a federal law was passed which stated that individuals with a diagnosed LD are entitled to receive academic accommodations from their educational institutions.

At IUPUI, the office of Adaptive Educational Services (AES) serves as a liaison between students with documented disabilities and their professors. AES will assist the student in obtaining the appropriate academic accommodations. Such accommodations may include note taking service and/or additional time for exams. Students with learning disorders often do well academically, once appropriate accommodations are established. AES is located in Taylor Hall, Room 137.