This list is created based on information available at this time. This is not an exhaustive list of therapy options nor is it intended to endorse or recommend any listed provider.

<table>
<thead>
<tr>
<th>SLIDING SCALE AGENCIES</th>
<th>Outpatient Mental Health Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>IUPUI CAPS - Revised 2016</strong></td>
<td></td>
</tr>
</tbody>
</table>

### Adult and Child Mental Health Center, Inc. ([www.adultandchild.org](http://www.adultandchild.org))

**Outpatient mental health:**

8320 Madison Ave.
Indianapolis 46227

**Ph:** (317) 882-5122 or (877) 882-5122 Toll free
**Fax:** (317)888-8642

Offers counseling & treatment to address a variety of concerns, including anxiety, depression, thought disorders, family problems, isolation, and general difficulty managing life’s challenges. Behavioral health services might include stress management education, medication evaluation, counseling (Individual, Couples, & Group), disease management, peer support groups, family therapy, and parenting education.

Sliding fee scale; Medicaid, Medicare and a variety of insurance accepted.

**Crisis Services:** 317-882-5122 (24 hrs)

### Aspire Indiana ([www.aspireindiana.org](http://www.aspireindiana.org))

**Adult Outpatient Counseling:**

**For New Appointments:** 1-877-574-1254

**Deaf Services:** 2506 Willowbrook Parkway, Suite 111, Indianapolis 46205
**Ph:** 475-7270 or TTY: 475-7272

Provides mental health and substance abuse counseling for individuals, families, couples and groups through a broad array of services. Locations: Lebanon/Boone County; Carmel and Noblesville/Hamilton County; and Indianapolis/Marion County.

**Business office:** 697 Pro-Med Lane, Carmel 46032
**Ph:** 574-0055

**Continuing Services:** 697 Pro-Med Lane, Carmel 46032
**Ph:** 587-0600

**Lebanon:** 602 Ransdell Rd, Lebanon 46052
**Ph:** 765-482-7100

**Noblesville:** 9615 East 148th Street, Suite 1
**Ph:** 317-587-0500

**Inpatient:** Psychiatric Pavilion/Community Hospital North, PO Box 50646, Indianapolis, IN 46250

Sliding fee scale; Medicaid, Medicare and a variety of insurance accepted.

**Crisis Services:** 1-800-560-4038 (24 hrs)

### Catholic Charities Indianapolis ([www.archindy.org/cc/indianapolis/index.html](http://www.archindy.org/cc/indianapolis/index.html))

**Counseling programs:**

1400 North Meridian
Street Indianapolis 46202

**Ph:** (317) 236-1500 or 1-800-382-9836
**Fax:** 261-3375

Three service areas: Individual and Family Support, Eldercare, and Crisis Relief Shelter. Individual, family and couple counseling available as well as training programs for parents/caretakers and youth to improve communication among family members. Professional counseling services for children provided through school social work programs. See website for info on additional services and programs.

Sliding scale fees based on income; some insurance accepted.


**Counseling center:**

1050 W 42nd Street
Indianapolis 46208

**Ph:** (317) 924-5205
**Fax:** 923-1961

Provides counseling services for individuals, couples, families, and children; psychiatric evaluations; testing services; and, play therapy. Issues may include parenting concerns, grief and loss, and domestic abuse situations.

Center is accredited as a training center by the American Association of Pastoral Counselors (AAPC). Offers a variety of ongoing groups.

**Hours:** M - Th 8am - 9pm, Friday 8am –1pm, Saturday 9am-1pm

Sliding fee scale, Medicare, Medicaid and a variety of insurance accepted.

<table>
<thead>
<tr>
<th><strong>Outpatient services for adults:</strong></th>
<th>Individual, group, or family therapy for depression, anxiety, stress, anger management, substance abuse, gambling addiction, and medication evaluation/management. Home based services where indicated. Day treatment and rehabilitation for those with serious mental illness</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Outpatient services for adults with Serious Mental Illness (SMI):</strong></td>
<td>Specialized services for schizophrenia, psychotic or other mood disorders that significantly impair the individual's ability to function; focus is on medication evaluation/management, daily living activities, clinical case management, and family support.</td>
</tr>
</tbody>
</table>

**All initial appointments/outpatient referrals:** 317-621-5719

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**Behavioral Care**  
*Lawrence Township*  
*Hillsdale TecnieCenter*  
6950 Hillsdale Court  
Indianapolis 46250  
Ph: 317-621-7740

**Gallahue Mental Health**  
*Hancock County*  
145 Green Meadows Drive  
Greenfield 46140  
Ph: 317-318-7100

**Gallahue Mental Health Service**  
*Warren Township*  
*Community Health Pavilion*  
Addiction Outpatient  
2040 Shadeland Ave. Ste 250  
Indianapolis 46219  
Ph: 317-355-5009

**Crestview Center**  
*Madison County*  
2201 Hillcrest Drive, Suite 1  
Anderson 46012  
Ph: 765-298-4600 or Toll Free: 877-766-2594  
*Includes service for individuals with serious mental illness*

**Behavioral Health Services at Southpointe**  
*Adult Outpatient*  
1030 E. Co.Line Rd., Suite C-1  
Greenwood 46227  
Ph: 317-497-6290

**Gallahue Mental Health**  
*Shelby County*  
7 E Hendricks St  
Shelbyville 46176  
Ph: 317-392-2564

**Crisis Intervention and Inpatient Services**  
*Community Hospital North Psychiatric Pavilion*  
7165 Clearvista Pkwy.  
Indianapolis, IN 46256  
Ph: 317-621-5100 (lobby)  
Ph: 317-621-5719 (first-time appointment)  
*CRISES: 317-621-5700 or 1-800-662-3445 24 hour lines*

**Cummins Mental Health Center**  ([www.Cumminsbhs.com](www.Cumminsbhs.com))

**Behavioral Health Systems, Inc.:**  
2345 S. Lynhurst Drive, Suite 205  
Indianapolis 46241  
Ph: 317-563-7679  
Hearing Impaired: 800-743-3333

Provides comprehensive mental health services including assessment and evaluation, outpatient treatment, community based intervention, psychiatric care, care coordination, substance abuse treatment and addictive disease services.

**Locations:** Avon, Crawfordsville, Greencastle, Lafayette, Lebanon, New Whiteland, Terre

**Corporate offices:** 6655 E US 36, Avon, IN 46123 Ph: 272-3330 Fax: 272-3331  
**Business offices:** 5201 E US 36, Suite 503, Avon, IN 46123 Ph: 745-9555 Fax: 755-9565

Commercial insurance, Medicare, Medicaid, and self-pay is accepted.

**24 Hr Emergency:** 888-244-6083
<table>
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<tr>
<th><strong>Families First</strong></th>
<th><strong>Preserves and strengthens families through individual, family, couples, and group counseling on depression, grief, abuse, communication, and chemical dependency, among other issues.</strong></th>
<th><strong>Addition locations: Boone and Hancock County</strong></th>
<th><strong>Some services may be covered by Medicaid or other insurance; services not covered by insurance are on sliding scale based on family size and income.</strong></th>
</tr>
</thead>
</table>
| **Services:** | 615 N. Alabama St. Rm 320  
Indianapolis 46204 | **Ph:** (317) 634-6341  
**Fax:** 464-9575 |  |
| **Hamilton Center, Inc.** | **Services:**  
**Indianapolis:**  
2160 N. Illinois St. 46202  
**Ph:** 937-3700  
**Plainfield:**  
900 Southfield Drive 46168  
**Ph:** 837-9719 | Adult, child, and adolescent counseling; addiction services; adult intensive behavioral via inpatient, partial or residential; Affinity Stress Center and Spectrum Industries rehabilitation services; also refers to other inpatient service providers in Indiana.  
**Additional offices:** Clay, Greene, Owen, Parke, Putnam, Sullivan and Vermillion County.  
**Emergencies after hours:** 800-742-0787  
**Fees:** based on cost of services; accepts most insurance plans, Medicaid, Medicare, fee adjustments based on family size/income/diagnosis, offers payment plan |  |
| **The Julian Center** | **Services:**  
**Counseling Center:** 317-924-7031  
**24 Hour Crisis Line & Emergency Shelter – 317-920-9320** | Short-term and long-term therapeutic counseling to women experiencing life difficulties, especially domestic abuse or assault; children (of mothers who are being treated at the counseling center and/or shelter) are also treated; group therapy, art therapy.  
All fees are sliding scale. |  |
| **Eskenazi Health Midtown Community Mental Health Center** | **Services:**  
**Eskenazi Hospital**  
720 Eskenazi Ave.  
Indianapolis, IN 46202  
**Ph:** 317-880-8491  
**Midtown Community Mental Health Meridian Center**  
3171 N. Meridian St., Indianapolis, IN 46202 Office  
**Ph:** 317-941-5003  
**Midtown Community Mental Health Westside Center**  
5610 Crawfordsville Rd., Indianapolis, IN 46224  
**Ph:** 630-7791  
**Eskenazi Health Center Pecar**  
6940 N. Michigan Rd. Indianapolis, IN 46268  
**Ph:** 266-2901 | Provides comprehensive inpatient and outpatient therapy for all types of emotional and behavioral problems, severe mental illness, and substance abuse through addiction and acute stabilization services; several community outreach centers, residential facilities, and drop-in program.  
Medicaid, Medicare and a variety of insurance accepted-Financial Counselors available.  
**Crisis Intervention Unit:** 317-880-8485  
**Indianapolis area community counseling centers: Access Center 317-880-8491** |  |
| **ACT – Assertive Community Treatment/Drop in Program** | **Services:**  
1700 N. Illinois St.  
Indianapolis 46202  
**Ph:** 880-8491  
**1700 N. Illinois St.**  
Indianapolis 46202  
**Ph:** 880-8491 | The Act Teams provide community-based services to clients 18 and older who are diagnosed with a psychotic or mood disorder. Teams operate 24 hours a day, seven days a week. Services include: daily living training, case management, medical monitoring, individual and group therapy. |  |