

IUPUI/NIFS Partnership Key Messages and FAQs

During the 2013-2014 academic year, IUPUI partnered with the National Institute for Fitness and Sport (NIFS) to promote lifelong wellness and support academic success. Through this partnership, IUPUI students are able to join NIFS for a discounted rate.

FREQUENTLY ASKED QUESTIONS

Does this mean IUPUI will no longer offer its Campus Recreation Membership?

IUPUI will continue to offer Campus Recreation Memberships to all current IUPUI students, faculty and staff who have a valid Jag Tag ID and have paid the semester recreation fee of \$15.

Why is IUPUI offering two fitness options for students?

IUPUI is committed to promoting healthy lifestyles. Wellness programs help build healthy habits and minds, which is directly related to student retention and academic success. By offering two options, students will have more choices to allow them to pursue and realize their health and wellness goals.

What does membership to Campus Recreation include?

Campus Recreation Membership gives access to all Campus Recreational swimming at the Natatorium, fitness classes, three weight and fitness rooms, recreational open gym, racquetball, access to the new IUPUI Outdoor Recreational Complex (outdoor basketball courts) and participation in the intramural program.

What does membership to NIFS include?

NIFS offers weekly group fitness classes, an indoor running/walking track, basketball court, a vast array of training equipment, personal fitness assessments and programming, and locker rooms with a sauna, whirlpool and steam room.

How will students benefit from IUPUI's new partnership with NIFS?

IUPUI will underwrite the NIFS initiation fee. Additionally, the NIFS monthly full-access membership rates for students will be reduced as a result of this partnership.

What are the specifics of the Campus Recreation and NIFS fitness opportunities?

Fitness Center	Requirements	Initiation Fee	Membership Dues
Campus Recreation	For all IUPUI students (full- and part-time), faculty and staff	-----	\$15/semester
NIFS	For all IUPUI students (full- and part-time)	\$0	\$38/month for full membership <u>Or</u> \$25/month for limited membership*

** Allows full access to NIFS except during peak hours- 4:30-7p, Mon-Thurs.*

What proof is needed to verify enrollment?

A valid Jag Tag ID is needed to verify enrollment for the current semester.

Is parking included with a NIFS membership?

Limited parking is available for IUPUI students and employees on levels 5 and 6 of the Riverwalk Garage. NIFS parking permits will not be issued to IUPUI students, faculty or staff. Additionally, bike lockers, as well as bike racks in the front and back of the facility, are available to NIFS members.

Are faculty and staff eligible for the NIFS promotion?

This NIFS promotion is limited to students only.

How long will students continue to receive the reduced monthly student rate?

As long as full- and part-time students (including graduate and professional students) are enrolled for the current semester, they will continue to receive the reduced monthly student rate. Once students have not been enrolled for a semester, they will be notified of a change to the Individual monthly rate of \$55.50.

Is the Campus Recreation Membership fee and/or the NIFS initiation and monthly membership fee included in student tuition?

The NIFS initiation and monthly fees and the Campus Recreation Membership fee are not included in student tuition.

What are Campus Recreation's hours?

Hours for Campus Recreation can vary. Please visit [IUPUI Campus Recreation](#) for more details or call 317.274.3518.

What are NIFS hours?

NIFS is open Monday through Thursday, 5:15am-10pm, Friday from 5:15am-9pm and Saturday and Sunday from 7am-7pm.

How do I sign up for Campus Recreation and/or NIFS?

To enroll in Campus Recreation, please call 317.274.3518. To enroll in NIFS, please call 317.274-3432. Questions may be answered over the phone or online via the [Campus Recreation](#) and [NIFS](#) websites; however, enrollment for Campus Recreation and/or NIFS must occur in person.