



Become a Peer Educator @ IUPUI

HEALTH & WELLNESS

What is a Peer Educator?

- Peer Educators are students who serve as leaders and role models to fellow students regarding living responsibly and healthy lifestyles.
- Peer Educators assist with programming and outreach across campus to educate students about relevant issues related to health and wellness that affect our campus community.

The Bacchus Network identifies 4 major concepts of a Peer Education group:

1. Peer educators make healthier decisions than the general student population.
2. Peer educators are effective in helping others make healthier choices by providing information, challenging incorrect attitudes, confronting unhealthy behavior, and referring students to professional help.
3. Peer educators, because of their own healthy choices and willingness to talk about and role model them with others, help create positive social norms and the foundation of critical mass supporting healthy campus environments.
4. Peer education is student leadership, activism, and service at its best.

Insert taken from Bacchus Network website – <http://www.bacchusgamma.org/starting-a-peer-group.asp>

Major Responsibilities

- Serve as a role model to your peers.
- Attend all meetings and training sessions.
- Present to student groups on at least four occasions and addressing at least two different topics related to health and wellness each academic year.
- Assist in the design and implementation of other activities related to health and wellness (i.e. awareness campaigns, screening days, wellness initiatives, outreach).
- Implement effective listening skills in working with students and effectively respond to peers, encouraging them to take action steps for change.
- Apply motivational interviewing techniques in working with students.
- Demonstrate effective bystander intervention skills.
- Effectively refer students to campus resources related to health and wellness needs.
- Contribute to strategic planning and team development of the peer educator group.

Requirements

- IUPUI student in good academic standing
- Complete the application-interview process
- Attend Peer Educator Training and workshops
- Complete the Peer Educator Certification Test offered through the Bacchus Network

Benefits

- Experience as a group facilitator and educator
- Leadership opportunities and development
- Knowledge and training on current health and wellness topics affecting college students
- Opportunity to earn academic credit
- Become a Nationally Certified Peer Educator

How do I become a Peer Educator?

We are looking for a diverse group of students to be a part of this new student organization. The group is open to students in all academic majors. To become a member, please complete the application. If you have questions or need more information, please contact Emily Werner at wernere@iupui.edu or call 317-274-WELL.